



Mt. Ararat Student-Athlete Code of Conduct

It is a privilege to participate in interscholastic athletics at Mt. Ararat and represent my school and the MSAD 75 communities. I recognize that my school expects me to work hard to experience personal growth, academic achievement and athletic success.

I acknowledge that, as a Mt. Ararat student-athlete, I also have significant responsibilities. I recognize that I am among the most visible students in the school and that I am expected to conduct myself as a respectful member of my interscholastic team and in a manner that is consistent with the core values of the Mt. Ararat Athletic Department.

Because Mt. Ararat student-athletes are held to high standards, I understand the need to exercise good judgment and conduct myself with honesty, integrity, and respect for others at all times.

By signing below, I agree to conduct myself in accordance with all rules and requirements of my team (as set forth by my coaches), MSAD 75, the Mt. Ararat Athletic Department, and (for high school students) the Maine Principals' Association (MPA).

I also agree as follows:

1. **Academic Standing:** I understand that academics are my top priority here at school. I will assume full responsibility for my academic progress and achievement. I will make every effort to stay in good standing in academics and habits of work at school. I will seek additional help if necessary to improve or maintain my Academic Eligibility according to the written guidelines.
2. **Citizenship:** I will be a responsible citizen and conduct myself in accordance with the school's code of cooperation. I will strive to represent myself, my team and my school in a positive way and show respect for all. I will lead by example and remember that both my own and my team's reputations are at stake as a student-athlete participating in interscholastic competition.
3. **Attendance:** I will maintain consistent attendance at all of my classes unless excused for legitimate reasons. In addition, I will attend all practices and contests unless I have made prior arrangements with the coach and/or athletic director to be absent.

4. Hazing: Hazing is defined as “any action or situation which recklessly or intentionally endangers the mental or physical health of a student enrolled in a public school or school personnel.” I understand that any such acts, either in connection with participation on a Mt. Ararat athletic team, participation in an informal or formal team activity, or for any other reason, are strictly prohibited. (Board Policy JFCF)
5. Online Presence & Social Media: I will demonstrate appropriate digital citizenship and encourage others not to post text(s), photographs or videos online without permission. This includes material that could be deemed inappropriate or hurtful to others, including any images or videos taken in locker rooms.
6. Substance Use: I will comply with Board Policy JICH: Student Substance Use and Board Policy JFCG: Tobacco Use Policy, which are described in the MTA Student Handbook. In my efforts to develop and maintain a healthy lifestyle, I will not use, possess or distribute prohibited substances.
7. Respect for Property: I will demonstrate care and respect for all facilities and equipment (home and away). I will take care of uniforms and return them promptly at the conclusion of the sports season.
8. Sportsmanship: I will respect the game, my opponents, my teammates, all coaches, the officials, and all involved in interscholastic athletics.

I understand and agree to adhere to this Student-Athlete Code of Conduct. Failure to adhere may result in disciplinary action.

Athlete Name (Print): _____

Sport: _____

Athlete Signature: _____ Date: _____

I have reviewed this Code of Conduct with my student-athlete and understand these expectations of participation in Mt. Ararat athletic programs.

Parent / Guardian Signature: _____

Parent efforts to model these expectations are greatly appreciated.

GO EAGLES!